



# Thriving in Science

BECAUSE JUST SURVIVING ISN'T ENOUGH

## Wednesday, September 12

6:00-7:00 PM in 105 Stanley Hall

### Navigating Difficult Conversations

*Marcia Gee Riley and Amanda Dean  
UC Berkeley Ombuds Office*

Do you typically avoid conflict or dive in headfirst? What would your life look like if you could clearly communicate your concerns and issues with those who you work with? Productive conversations are building blocks for healthy and positive relationships. As you navigate your graduate or postdoctoral career, equip yourself with strategies for negotiating difficult conversations and disagreements with your faculty, your students, and your peers.

***Artichoke Basille pizza will be served at 7:00 PM in the Stanley Hall atrium, along with beer, wine, and soda. Enjoy the refreshments and mingle with fellow graduate student and postdocs!***

Please RSVP at: <https://thriving.berkeley.edu/lectures>

Register for the program at: [thriving.berkeley.edu](https://thriving.berkeley.edu)

Event is ADA accessible. For disability accommodation requests and information, please contact Disability Access Services by phone at [510.643.6456](tel:510.643.6456) (voice) or [510.642.6376](tel:510.642.6376) (TTY) or by email at [accessibility@berkeley.edu](mailto:accessibility@berkeley.edu).

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